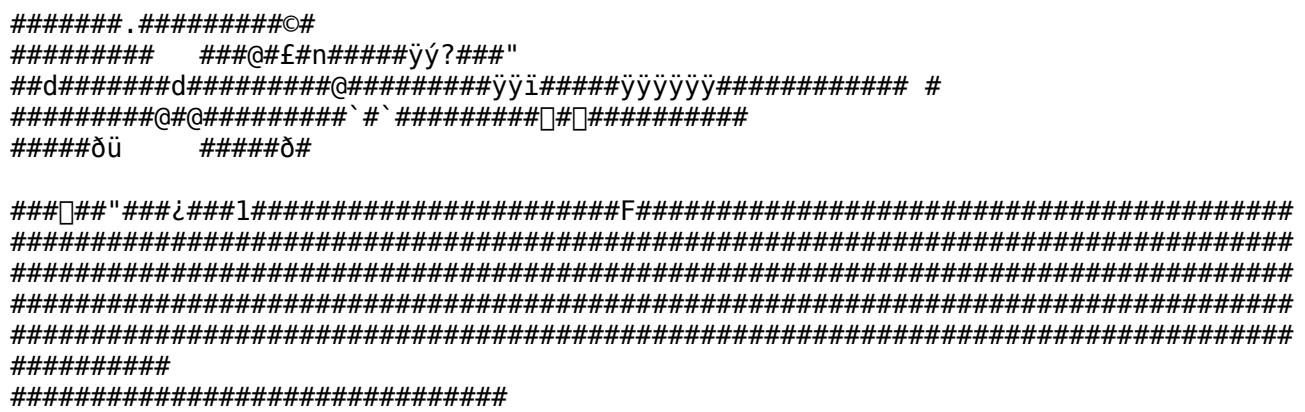

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TRICARE Network Providers#####Accessing Health Care#####Primary Care
Services#####Referrals for Specialty Care#####Pharmacy Services#####TRICARE
Regional Contractors#####For Additional Information #####Thank You!#####TRICARE
Product Feedback #####TRICARE and Veterans Affairs#####TRICARE Pharmacy
Program#####MTF Pharmacies#####TRICARE Mail Order Pharmacy (TMOP)# ###TRICARE
Retail Pharmacy Network#####Non-Network Pharmacies#####Generic Drug Use
Policy#$###Drugs Requiring Prior Authorization#"###Pharmacy Data Transaction
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Services##□###########¨#,###VA facilities who are TRICARE network providers are
NOT necessarily TRICARE network pharmaciesVA pharmacies will only fill
prescriptions written by VA providersIf you primary or specialty care at a VA
facility using your TRICARE benefits, fill prescriptions at:VA pharmacyTRICARE
Pharmacy Program##¡#(#############%#################
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Contractors##□###########¨#?###TRICARE North RegionHealth Net Federal Services,
Inc.www.healthnetfederalservices.com1-877-TRICARE (1-877-874-2273)TRICARE South
RegionHumana Military Healthcare Services, Inc. www.humana-military.com1-800-
444-5445TRICARE West RegionTriWest Healthcare Alliancewww.triwest.com 1-888-
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###Thank You!##□###########¨#ô###TRICARE offers a comprehensive health benefit
for our beneficiariesPartnering with the VA allows for continuity of care for
TRICARE beneficiaries with service-connected conditions  VA facilities who
become TRICARE network providers give another option to all TRICARE
beneficiaries for accessing quality health careWherever we maintain medical
capability and capacity, whether through military, civilian or VA services, our
goal is a world-class health benefit that serves the needs of our members
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Affairs##□###########¨#####Back Up
Slides##ó#####ç###########\#########□###########¨#####TRICARE Pharmacy
Program##□###########¨#d###MTF PharmacyTRICARE Mail Order PharmacyTRICARE Retail
Network PharmacyNon-network Retail
Pharmacy##i#####e##########e############ó#####è###########]#########□#########
##¨#####MTF Pharmacies##□###########¨#1###Prescriptions may be filled at an MTF
pharmacy at no chargeIf medication is in stock, it will be filled but best to
call aheadUp to 30-day supply for controlled substancesUp to 90-day supply for
all other medicationsMTF pharmacies will accept written prescriptions from any
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provider##i#8###□#########\#########V#########□#######\#########V########ó#####
é###########^#########□###########¨#"###TRICARE Mail Order Pharmacy
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##ð±#################¨#_###Most VA Medical Facilities that participate in the TRICARE network have established a TRICARE beneficiary point-of-contact and check-in process. It is important to indicate, prior to receiving care, that you are using your TRICARE benefits. Failure to do this could result in a higher out-of-pocket expense and/or denial of payment for services rendered. The VA facilities are not expected to include obstetrics, pediatrics, or adolescent psychiatry.Note: Not all VA Medical Centers participate in the TRICARE network. To locate a VA facility that does participate, contact your regional contractor. ##¡#6###`#########V##### ###$#####$######þå##### ###########ðH##### ð#####Ð###

##ðe#####□###########¨#+###TRICARE Prime beneficiaries must have a referral to be seen in a specialty clinic at a VA facility just as you would for specialty care from any network provider. Even if you are eligible for both TRICARE and VA benefits, and you are using TRICARE Prime at a VA-TRICARE network provider, you must have a referral.If you are using TRICARE Extra, you do not need a referral, but you will need to contact the TRICARE Beneficiary point-of-contact at the VA facility to make an appointment. You must still obtain prior authorization for applicable services ##¡#####,#########*##### ###########□####ðH##### ð#####ä###

##ðz#####□###########¨#J###Some VA Medical Facilities do have primary care managers (PCMs) that accept TRICARE beneficiaries. You may choose to use that PCM under your TRICARE benefits if you are not enrolled for primary care with the VA health care system. Primary care is not normally available to TRICARE beneficiaries not enrolled to the VA TRICARE PCM.##¡#####K#########K#####
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##ð¿#####□###########¨#m###Thank you for attending your TRICARE Beneficiary Education seminar. We hope you found the information helpful. TRICARE offers a comprehensive health benefit for our beneficiaries. From preventive health services, to coordination with the VA and our civilian system and low out-of-pocket costs for families, we have designed and fully implemented a strong, more uniform benefit for you.Wherever we maintain medical capability and capacity, whether through military or civilian services, our goal is a world-class health benefit that serves the needs of our members. Thank you for attending your TRICARE and VA Seminar.##¡#####n#########n##### #####ª#####^#################
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##ð######□###########¨#ó###The VA and DoD Health Care Resource Sharing Program allows VA health care facilities to enter agreements to become TRICARE network providers. The next portion of this seminar will discuss accessing VA facilities as TRICARE network providers.###ðH#####
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##ðï#####□###########¨#Û###If you are using a VA-TRICARE network provider for primary or specialty care, and your VA provider writes a prescription, you may have that prescription filled at the VA pharmacy or through the TRICARE Pharmacy Program.###ðH#####
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##ð<#####□###########¨#Æ###TRICARE provides a world-class pharmacy benefit. All eligible TRICARE beneficiaries are eligible for the TRICARE Pharmacy Program, including Medicare-eligible beneficiaries age 65 and over, and can fill prescription medications at MTF pharmacies, through the TRICARE Mail Order Pharmacy, or at retail network and non-network pharmacies. All beneficiaries must have their address and other information updated in the Defense Enrollment Eligibility Reporting System (DEERS). To have a prescription filled, beneficiaries will need a written prescription and a valid uniformed services ID card. Medicare-eligible beneficiaries who turned age 65 on April 1, 2001, or later, must be enrolled in Medicare Part B.
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####ð□#####□###########¨#D###Prescriptions may be filled (up to a 90-day supply for most medications) at a MTF pharmacy free of charge. Each facility is required to make available the medications listed in the DoD Basic Core Formulary. The MTF, through its local pharmacy and therapeutics committee, may add additional medications to its local formulary based on the scope of care at that MTF. Beneficiaries should contact their local MTF for specific details about filling and refilling prescriptions at its pharmacy. MTF pharmacies will accept written prescriptions from any TRICARE-authorized provider.
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####ðï#################¨##, ###You may have prescriptions filled at any pharmacy in the TRICARE retail pharmacy network.The retail pharmacy benefit is portable across all TRICARE regions. So, if you are traveling, you can visit any retail pharmacy in the network and have prescriptions filled for a small copayment. NOTE: For non-formulary prescriptions, you are responsible for a $22 cost-share in the TRICARE Retail Pharmacy Network. ##¡#8#############!##### ######### ####u##### ##############ÿ##þ###ðH#####
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####ðû#####□###########¨#□###It is DoD's policy to substitute generic
medications for brand name medications when available. Brand name drugs that
have a generic equivalent may be dispensed only if the prescribing physician is
able to justify medical necessity for use of the brand name drug in place of the
generic equivalent. If a generic equivalent drug does not exist, the brand name
drug will be dispensed at the brand name copayment.
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      S###############□#ÿÿd######0##d#########<###Beneficiary Education Seminar
TRICARE and Veterans Affairs
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#########@ÿ#ÿÿF#########d#########F###Todays seminar will discuss the two ways in which TRICARE and the Department of Veterans Affairs (VA) work together.1. When you are eligible for both TRICARE and VA benefits2. When a VA facility is a TRICARE network providerFirst, lets discuss situation #1, when you are eligible for benefits under TRICARE and the VA.

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□###############□#ÿÿd#########d#########B###Retired service members (TRICARE)
Medical or regular retirementCan choose TRICARE Prime, TRICARE Extra,   or
TRICARE StandardService-connected condition (VA)Care can be received from
TRICARE or VANo coordination of benefits If VA facility□categorized as VA
benefitIf through TRICARE□categorized as TRICARE benefit

##########ÿ□#ÿÿd#########d#########¼###In some cases, retired service members (either due to medical retirement or regular retirement) are eligible for health care benefits under both TRICARE and VA. A TRICARE beneficiary who also is eligible for VA benefits for a service-connected condition can get care for that condition from either TRICARE or VA□they do not have to choose one or the other. However, there is no coordination of benefits between TRICARE or VA. Meaning that TRICARE will not pay second to VA and VA will not pay second to TRICARE□it will either be one or the other.Whichever benefit you decide to use□TRICARE or VA□those rules and financial responsibilities (copayments, cost-shares, deductibles, etc.) will apply

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################$#########################ÿ□#ÿÿd#########d#########2##□##Zø=ûV
      ################□#ÿÿd#########Z#########~###Care NOT related to a service-
connected conditionWhere to access care depends on which TRICARE option you are
using and status of VA facilityIf enrolled in TRICARE Prime□must access care
from PCMIf not enrolled in TRICARE PrimeVA (TRICARE network provider)□access VA
through TRICARE Extra based on TRICARE eligibilityVA (non-network
provider)□access VA based on VA eligibility
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###ÿÿ#####ÿ□#ÿÿd#########Z#########□###TRICARE/VA dual-eligible beneficiaries may also be able to access VA facilities for care that is not related to their service-connection condition. Whether or not you can access a VA facility for care depends on two things:1□which TRICARE option you are using2□the status of the VA facility (TRICARE network or non-network)If you are enrolled in TRICARE Prime, you must access all health care not related to your service-connected condition from your PCM. (routine appointments, same day, urgent care, etc.)If you are not enrolled in TRICARE Prime, the status of the VA facility comes into play.If the VA facility is a TRICARE network provider (which we will discuss more in the second part of this seminar), then you may seek care from a VA facility via TRICARE Extra based on your TRICARE eligibility.If the VA facility is a non-network provider, you may access care from a VA facility based on your VA benefits.

#################$##########################ÿ□#ÿÿd#########d#########2##□##Zø=ûV
Q#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########.###VA pharmacies will fill prescriptions written by VA providers during your visitPrescriptions are not accepted from non-VA facilitiesYou may have the VA-written prescription filled by the TRICARE Pharmacy ProgramMilitary treatment facility pharmacyTRICARE Mail Order PharmacyTRICARE retail pharmacy

###ÿÿ#####ÿ□#ÿÿd#########d#########É###If you are eligible for both TRICARE and VA and are seeking care at a VA facility for your service-connected condition, the VA pharmacy will fill any prescriptions written by your VA provider. If you seek care though TRICARE for your service-connected condition and your TRICARE provider writes a prescription, you will need to get that filled through the TRICARE Pharmacy Program□the VA pharmacy will not accept written prescriptions from other providers.c

###ÿÿ#####ÿ□#ÿÿd#########d#########ó###The VA and DoD Health Care Resource Sharing Program allows VA health care facilities to enter agreements to become TRICARE network providers. The next portion of this seminar will discuss accessing VA facilities as TRICARE network providers.#

#(#########(#####$###########(#########(####ÿ□#ÿÿd#########K#########2##□##Zø=ûV
!###############□#ÿÿd#########d#########ø###Sign agreements with regional contractors to become TRICARE network providers Accept negotiated rateFile claimsProvide health care to any TRICARE-eligible beneficiary□not just those with a service-connected conditionTRICARE PrimeTRICARE Extra

###ÿÿ#####ÿ□#ÿÿd#########d##########□###VA facilities who sign agreements with the regional contractors become TRICARE network providers just like any other TRICARE network provider. They agree to accept a negotiated rate as the full fee for services and will file claims and handle paperwork for you.These VA facilities provide health care to all TRICARE beneficiaries, not just those who are also eligible for VA based on a service-connected condition. Because they are TRICARE network providers, you may be able to enroll in TRICARE Prime at one of these facilities or take advantage of TRICARE Extra cost-shares.Let□s discuss accessing health care at VA-TRICARE network providers#

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s###############	#ÿÿd#########d#########E###TRICARE beneficiary points-of-contact and established check-in processes Indicate that you are using TRICARE benefitsFailure to do this could result in a higher out-of-pocket expense and/or denial of payment for services renderedSome services may not be available, such as obstetrics, pediatrics, or adolescent psychiatry#

##########ÿ□#ÿÿd#########d#########]###Most VA Medical Facilities that participate in the TRICARE network have established a TRICARE beneficiary point-of-contact and check-in process. It is important to indicate, prior to receiving care, that you are using your TRICARE benefits. Failure to do this could result in a higher out-of-pocket expense and/or denial of payment for services rendered. The VA facilities are not expected to include obstetrics, pediatrics, or adolescent psychiatry.Note: Not all VA Medical Centers participate in the TRICARE network. To locate a VA facility that does participate, contact your regional contractor.ÿ

#################$##########################ÿ□#ÿÿd#########F#########2##□##Zømû□
£#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########T###Some VA facilities have primary care managers (PCMs) that accept TRICARE beneficiariesCheck with your regional contractor to see if you can enroll with a VA TRICARE PCMTRICARE primary care is separate from VA primary care□you can□t use bothPrimary care is not normally available to TRICARE beneficiaries not enrolled to a VA TRICARE PCM

###ÿÿ#####ÿ□#ÿÿd#########d#########J###Some VA Medical Facilities do have primary care managers (PCMs) that accept TRICARE beneficiaries. You may choose to use that PCM under your TRICARE benefits if you are not enrolled for primary care with the VA health care system. Primary care is not normally available to TRICARE beneficiaries not enrolled to the VA TRICARE PCM.

#################$##########################ÿ□#ÿÿd#########d#########2##□##Zø□ûF ã#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#############TRICARE PrimeYou must have a referral to be seen in a specialty clinic at a VA facilityTRICARE ExtraNo referral neededContact the TRICARE beneficiary point-of-contact at the VA facility to make an appointmentPrior authorization for applicable services still required

###ÿÿ#####ÿ□#ÿÿd#########d#########*###TRICARE Prime beneficiaries must have a referral to be seen in a specialty clinic at a VA facility just as you would for specialty care from any network provider. Even if you are eligible for both TRICARE and VA benefits, and you are using TRICARE Prime at a VA-TRICARE network provider, you must have a referral.If you are using TRICARE Extra, you do not need a referral, but you will need to contact the TRICARE beneficiary point-of-contact at the VA facility to make an appointment. You must still obtain prior authorization for applicable services

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      á#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########1###VA facilities who are TRICARE
network providers are NOT necessarily TRICARE network pharmaciesVA pharmacies
will only fill prescriptions written by VA providersIf you seek primary or
specialty care at a VA facility using your TRICARE benefits, fill prescriptions
at:VA pharmacyTRICARE Pharmacy Program#
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###ÿÿ#####ÿ#ÿÿd#########d#########Û###If you are using a VA-TRICARE network provider for primary or specialty care, and your VA provider writes a prescription, you may have that prescription filled at the VA pharmacy or through the TRICARE Pharmacy Program.

#################$##########################ÿ□#ÿÿd#########d#########2##□##Zø=ûvá###############□#ÿÿd#########d#########?###TRICARE North RegionHealth Net Federal Services, Inc.www.healthnetfederalservices.com1-877-TRICARE (1-877-874-2273)TRICARE South RegionHumana Military Healthcare Services, Inc. www.humana-military.com1-800-444-5445TRICARE West RegionTriWest Healthcare Alliance www.triwest.com 1-888-TRIWEST (1-888-874-9378)#

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####ÿ□#ÿÿd#########d#########2##□##Zø=ûå
      Ò###############□#ÿÿd#########d#########õ###TRICARE offers a comprehensive
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facilities who become TRICARE network providers give another option to all
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medical capability and capacity, whether through military, civilian, or VA
services, our goal is a world-class health benefit that serves the needs of our
members#
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###ÿÿ#####ÿ□#ÿÿd#########d#########□###TRICARE has set up a Web site allowing you to evaluate its marketing materials. Please visit the site listed and provide us with your feedback.

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#v#Ã#ÿÿ####ÿÿ#####ÿ□#ÿÿd######0##d#########d###MTF PharmacyTRICARE Mail Order
PharmacyTRICARE Retail Network PharmacyNon-network Retail Pharmacy

##########ÿ□#ÿÿd#########d#########Æ###TRICARE provides a world-class pharmacy benefit. All eligible TRICARE beneficiaries are eligible for the TRICARE Pharmacy Program, including Medicare-eligible beneficiaries age 65 and over, and can fill prescription medications at MTF pharmacies, through the TRICARE Mail Order Pharmacy, or at retail network and non-network pharmacies. All beneficiaries must have their address and other information updated in the Defense Enrollment Eligibility Reporting System (DEERS). To have a prescription filled, beneficiaries will need a written prescription and a valid uniformed services ID card. Medicare-eligible beneficiaries who turned age 65 on April 1, 2001, or later, must be enrolled in Medicare Part B.

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:#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########3###Prescriptions may be filled at an MTF pharmacy free of chargeIf medication is in stock, it will be filled but best to call aheadUp to 30-day supply for controlled substancesUp to 90-day supply for all other medicationsMTF pharmacies will accept written prescriptions from any TRICARE-authorized providerO

##########ÿ□#ÿÿd#########d#########E###Prescriptions may be filled (up to a 90-day supply for most medications) at an MTF pharmacy free of charge. Each facility is required to make available the medications listed in the DoD Basic Core Formulary. The MTF, through its local pharmacy and therapeutics committee, may add additional medications to its local formulary based on the scope of care at that MTF. Beneficiaries should contact their local MTF for specific details about filling and refilling prescriptions at its pharmacy. MTF pharmacies will accept written prescriptions from any TRICARE-authorized provider.0

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B#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########Z#########□###Convenient home delivery (FPO or APO
for overseas locations)Low CostGeneric medication□$3 for up to a 90-day supply
Brand name medication□$9 for up to a 90-day supplyNon-formulary medication□$22
for up to a 90-day supplyNote: Up to a 30-day supply for controlled substances
Free Shipping & HandlingFor more information: Visit www.express-
scripts.com/TRICARE1-866-DoD-TMOP (1-866-363-8667)O
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##########ÿ□#ÿÿd#########d#########@###TRICARE Mail Order Pharmacy is available for prescriptions that beneficiaries take on a regular basis. Beneficiaries may receive up to a 90-day supply for most medications. Please note that the copayment applies to each 30-day supply and you can receive up to a 90-day supply at a time. TMOP is administered by Express Scripts, Inc. Through this program, beneficiaries mail their health care provider□s written prescription, along with the appropriate copayment, to TMOP, and the medications will be sent directly to the beneficiary. Prescriptions may be refilled by mail, phone, or online. NOTE: For non-formulary prescriptions, you are responsible for a $22 cost-share with TMOP. For more information about TMOP, you may visit the Express Scripts Web site at www.express-scripts.com or call 1-866-DOD-TMOP 1-866-363-8667.

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##ÿÿ####ÿÿ#####ÿ□#ÿÿd#########P#########£###May have prescriptions filled at a pharmacy in the TRICARE networkPortable across all regions□no claims to fileGeneric medication$3 for up to a 30-day supplyBrand name medication$9 for up to a 30-day supplyNon-formulary medication$22 for up to a 30-day supply Administered by Express Scripts, Inc.Visit www.express-scripts.com/TRICARE to locate a retail network pharmacy near you1-866-DoD-TRRx (1-866-363-8779)#

##########ÿ□#ÿÿd#########d#########□###You may have prescriptions filled at any pharmacy in the TRICARE retail pharmacy network.The retail pharmacy benefit is portable across all TRICARE regions. So, if you are traveling, you can visit any retail pharmacy in the network and have prescriptions filled for a small copayment.NOTE: For non-formulary prescriptions, you are responsible for a $22 cost-share in the TRICARE Retail Pharmacy Network. ,

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      :#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########ò###Most costly optionTRICARE
Standard deductibles and cost-shares applyTRICARE Prime point-of-service (POS)
option applies for TRICARE Prime beneficiaries  May have to pay for prescription
and file claim with Express Scripts for reimbursement
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##########ÿ□#ÿÿd#########d#########É###Filling prescriptions in non-network pharmacies is the most expensive option and is not recommended. Beneficiaries may have to pay for the total amount first and file a claim to receive a partial reimbursement. TRICARE Standard beneficiaries who use a non-network pharmacy are responsible for a deductible and cost-share.TRICARE Standard Active duty family members E-1 □ E-4: $50/individual or $100/family deductible; then $9 or 20% cost-share (whichever is greater) once deductible has been metActive duty family members E-5 & above, retirees & their families: $150/individual or $300/family deductible; then $9 or 20% cost-share (whichever is greater) once deductible has been metTRICARE Prime □ Point-of-Service Deductible: $300/individual or $600/family Then 50 percent of the TRICARE allowable charge once deductible has been metNote: For non-formulary medications, you will be responsible for a $22 cost-share or 20 percent, whichever is higher.O

#################$##########################ÿ□#ÿÿd#########d#########2##□##Zø5ûæ
:###############□#ÿÿd#########d#########Î###Generic drugs will be substituted for brand name when availableMust justify medical necessity for brand name to be dispensedIf generic equivalent drug does not exist the brand name drug will be dispensed

##########ÿ□#ÿÿd#########d#########□###It is DoD's policy to substitute generic medications for brand name medications when available. Brand name drugs that have a generic equivalent may be dispensed only if the prescribing physician is able to justify medical necessity for use of the brand name drug in place of the generic equivalent. If a generic equivalent drug does not exist, the brand name drug will be dispensed at the brand name copayment. O

#################$##########################ÿ□#ÿÿd#########d#########2##□##Zø5û¥
:#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########4###Certain medications require prior authorization Per DoD contracts, some drugs must be dispensed from MTF or mail order pharmacyTRICARE covers all FDA approved prescription drugs approved for outpatient use with some exclusions established by law1-877-DoD-MEDS (1-877-363-6337)www.tricare.osd.mil/pharmacy

##########ÿ□#ÿÿd#########d#############Certain medications require prior authorization before they can be obtained from a retail pharmacy under the TRICARE program. A prior authorization request is necessary to ensure that clinically appropriate treatment regimens are followed. Drugs that require prior authorization are usually medications that are not the first step in a treatment regimen. ##There are specific drugs for which DoD has awarded contracts with pharmaceutical manufacturers that apply to the MTF pharmacies and the mail order program. As a result, some drugs that can be obtained from a retail pharmacy cannot be obtained from MTF pharmacies or the mail order program. TRICARE covers all FDA approved prescription drugs approved for outpatient use with some exclusions established by law. For a general list of prescription drugs that are covered under TRICARE□s outpatient pharmacy benefit and for drugs requiring prior authorization or quantity limits at TRICARE Retail Network Pharmacies, call toll-free at 1-877-DoD-MEDS or 1-877-363-6337 or visit www.tricare.osd.mil. #

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*#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########Z#########G###Creates a global centralized data repositoryReduces the likelihood of adverse drug-to-drug interactions, therapeutic overlaps, and duplicate treatmentsConducts an online proactive clinical screening (drug interaction check)This is done before it is dispensed to the patient, unless it is obtained from a non-network pharmacy#

###ÿÿ#####ÿ□#ÿÿd#########d#########□###The Pharmacy Data Transaction Service (PDTS) creates a global centralized data repository that records information about prescriptions filled for DoD beneficiaries at MTFs, the TRICARE retail pharmacy network, and the TRICARE Mail Order Pharmacy Program. PDTS improves the quality of prescription services and enhances patient safety by reducing the likelihood of adverse drug-to-drug interactions, therapeutic overlaps, and duplicate treatments across the highly transient population of active duty and retired beneficiaries. PDTS conducts an online prospective drug utilization review (a clinical screening) against a beneficiary□s complete medication history for each new or refilled prescription in real-time before it is dispensed to the patient, regardless of where a beneficiary fills a prescription within the Military Health System.PDTS is NOT available in non-network pharmacies.#

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